
Health and wellbeing commissioning intentions in Surrey - 2018/19

Surrey Health and Wellbeing Board
Thursday 7 December 2017

This document sets out the commissioning intentions from health and wellbeing commissioners in Surrey. This allows the Surrey Health and Wellbeing Board to see how the commissioning intentions across all organisations in Surrey align to the Surrey Joint Health and Wellbeing Strategy – a requirement of the Health and Social Care Act (2012).

The organisations whose intentions are included in this report are:

- NHS East Surrey Clinical Commissioning Group (CCG)
- NHS Guildford and Waverley CCG
- NHS North East Hampshire and Farnham CCG
- NHS North West Surrey CCG
- NHS Surrey Downs CCG
- NHS Surrey Heath CCG
- Surrey Borough and District Councils
- Surrey County Council – Adult Social Care and Public Health; and Children, Schools and Families

Each commissioner on the Board submitted their intentions which were then collated together to produce this report.

Please note: Some commissioning intentions will realise improvements for more than one Surrey Joint Health and Wellbeing Strategy priority, however to avoid repetition these have only been included once within this document.

Joint commissioning intentions are **bold** in this report

Priority 1: Improving Children and Young People's Health and Wellbeing

If we get this right we hope to see the following outcomes:

- ✓ More children will have a healthy weight
- ✓ We will develop and deliver an integrated SEND (Special Education Needs and Disability) educational offer with and for Surrey's children and families.

Joint Commissioning Plans

- Health services for children are commissioned Surrey wide by the Children's collaborative Commissioning team hosted by NHS Guildford and Waverley CCG. The collaborative have reviewed the commissioning intentions for 2018-2020 and headlines are included in this document.
- Joint commissioning of children's community services is hosted by NHS Guildford and Waverley CCG
- Surrey County Council has developed a Commissioning Plan – Child First. This sets out the authorities intentions for 2017-2020.

Sustainability and Transformation Partnerships

The three STPs in Surrey prioritise workstreams which aim to impact positively upon children and young people's health and wellbeing within its plans. We will Align, where possible, service delivery, workforce and key enablers including estates and digital platforms across Early Help (local Family Partnerships), STP and Children and Families Health Surrey transformation programmes.

Priority 1: Improving Children and Young People’s Health and Wellbeing

Commissioning intention (relating to priority 1)	Area covered	Timescale
Ensuring women are able to make safe and appropriate choices of maternity care for them and their babies, through achievement of the Better Births and Local Maternity System Transformation Plan.	Surrey	CCG Collaborative Intentions 2018-2020
Develop better ways of engaging with all parents and families about their children’s health, including helping families to understand how to support their children when they are unwell.	Surrey	CCG Collaborative Intentions 2018-2020
<ul style="list-style-type: none"> • Ensure sustained delivery of the children’s community health service transformation plan. • Reduce inequalities in health for people with Learning Disabilities. • Reduce the gap in health outcomes for Looked after Children through achievement of the specified standards and effective partnership working. • CCGs will continue to support children with complex needs including further development of our offer in regard to personal health budgets, encouraging an increase in uptake. 	Surrey	CCG Collaborative Intentions 2018-2020
Through the joint commissioning arrangements agreed between Health and Surrey County Council, commissioning intentions will on-going focus on the key priorities set out within the Surrey SEND Development Programme and the SEND Written Statement of Action.	Surrey	CCG Collaborative Intentions 2018-2020
<ul style="list-style-type: none"> • Develop a positive experience of SEND services and support for children, young people and families • Develop educational opportunities for children and young people with SEND in local schools or colleges that offer the best value for money including increased participation for post 16 children and young people in vulnerable groups. • Secure the right early support to promote good emotional wellbeing, physical and mental health. 	Surrey	Child First (CSF) 2017 - 2022
Substance Misuse - Review and continue provision of substance misuse treatment for young people		
<p>Surrey Heartlands Partnership Prevention Programme Prevent the increase in child and adult obesity through system-wide place based and behaviour change approaches. Healthy weight services - Review provision of programmes for very young and families with the potential scope to integrate current services and extend current contract</p>	Surrey Heartlands	2018/19

Priority 1: Improving Children and Young People's Health and Wellbeing

Commissioning intention (relating to priority 1)	Area covered	Timescale
Support the Alive N Kicking programme in RBBC and promote referrals.	All District & Boroughs (D & Bs)	18-19
Support "What a Healthy Weight Looks Like" campaign January 2018.	Reigate and Banstead BC	18-19
R&Be active – Continue to offer low cost and free activities, promote the R&Be active message and produce a booklet to help families on lower incomes	Reigate and Banstead BC	18-19
Promoting increased Physical activity working with local schools	Reigate and Banstead BC	18-19
Specsavers Surrey Youth Games – increases opportunities for young people to take part in physical activity and organised sports (up to 8 weeks of free coaching across 15 different sports)	All D & Bs	18-19
Family Support Programme – supporting families to access services through a single coordinated family plan.	Tandridge DC, Reigate and Banstead and Mole Valley DC and Spelthorne BC	18-19
Xplorer - family orienteering events	Spelthorne BC	18-19
Establish park run and junior park run – free 5k run set in open parkland aimed at encouraging every ability to take part	All D & Bs	18-19
Sportability Festival – Promoting activities and sports for children with disabilities	Runnymede BC	18-19
provide free sports sessions for vulnerable young people that they work with through their youth services. Located in areas of deprivation	All D & Bs	18-19
LD & Autism: Continue to work with children and their families of children whose behaviours present as challenging	Surrey Heath	Ongoing
MH: Improve access to 24/7 Crisis Response and Liaison for Children and Young People	Surrey Heath	2020/21
MH – Improved access to evidence based psychological services for anxiety and depression (IAPTS)	Surrey Heath	April 2019
MH – Eating disorder services to be in place with target waiting time standards.	Surrey Heath	2017-19
All - Implement the national maternity services review Better Births through local maternity systems	Surrey Heath	2017-19
All – Improve integrated approach to physical and mental care via shared provider of SPA for children's mental health and community services	Surrey Heath	2017-19
All- Deliver the benefits of the new community service procurement	Surrey Heath	2017-19

Commissioning intention (relating to priority 1)	Area covered	Timescale
East Surrey CCG is working with Surrey Nurturing Links on the HENRY project, which is an intervention to protect children under the age of 5 from the physical and emotional consequences of obesity. HENRY meets the need for community and health practitioners to develop confidence and skills in working with families of young children to promote a healthy lifestyle and address issues of overweight	East Surrey	November 2017
Support the Active Surrey Strategy to support 20,000 more children and young people to have an active start in life	East Surrey	April 2019
Support Surrey County Council Public Health to develop and roll out a multi-agency child and family healthy weight strategy	East Surrey	April 2019
Explore co-commissioning a healthy weight pathway for children requiring treatment, supporting referral into the Tier 2 service	East Surrey	April 2019
Exercise on prescription at East Surrey YMCA	East Surrey	April 2019
The Surrey-wide provider developed a SEND Written Statement of Action that was discussed with commissioners in March 2017 and followed up with a SEND Improvement Report in October 2017. Significant progress has occurred in the areas of patient-centred care, patient engagement in the development of services and transformation and cultural approach.	East Surrey	April 2019
Continue to review and enhance support for young carers and their families in line with requirements of the Children and Families Act	Surrey	April 2019
Implement new requirements outlined in the Children and Families Act (2014) for a whole system approach to the identification and support for young carers including: <ul style="list-style-type: none"> Promoting collaboration by NHS providers and GP practices to identify and refer young carers to support services Support Surrey Schools in identifying and supporting pupils with caring responsibilities 	Surrey	March 19

Priority 1: Improving Children and Young People’s Health and Wellbeing

Commissioning intention (relating to priority 1)	Area covered	Timescale
Implement the recommendations of the National Maternity Review and deliver the Better Births Pioneer Programme	North East Hampshire & Farnham	2017-19
Working with key partners to increase breast feeding rates		On going
Improve access to Perinatal mental health services		Ongoing
Implementation of locally led transformation plans for children and young people's mental health and wellbeing		2017- 2018
Review the current provision of psychiatric liaison within hospital emergency departments		2017-2018
Ensure participation with Children and Young People to support co-production around service re-design		Ongoing
Personal Health Budgets		Ongoing
Working in partnership to reduce childhood obesity levels		2017-2019
Review the impact of the Children’s Safe Haven		2017-2018

If we get this right we hope to see the following outcomes:

- ✓ The gap in life expectancy across Surrey will narrow
- ✓ The gap in outcomes between children and adults with multiple vulnerabilities and the Surrey average will narrow, particularly for looked after children and care leavers
- ✓ More children, young people and families will lead a healthy lifestyle
- ✓ More children, young people and families will get the right support at the right time
- ✓ The environment in Surrey will promote health. More people will travel actively, air quality in Surrey will improve and health will be embedded in planning.

Joint Commissioning Plans

- This priority is led by the Surrey Public Health team. All six Surrey Clinical Commissioning Groups (CCGs) has a local prevention plan aligned to this priority, developed and delivered in partnership with the Surrey County Council Public Health team.
- Borough and district councils in Surrey have produced health and wellbeing plans aligned to the CCG prevention plans and Surrey Joint Health and Wellbeing Strategy prevention priority

Sustainability and Transformation Partnerships

The three STPs in Surrey prioritise workstreams which aim to prevent ill health and disability within its plans.

Priority 2: Developing a preventative approach

Commissioning intention (relating to priority 2)	Area covered	Timescale
Long Term Conditions <ul style="list-style-type: none"> Continue to support access to advice and training that supports self-management of long term conditions and community based interventions which eliminates unnecessary use of unplanned hospital care 	Surrey	2018/19
Management of acute and emergency care <ul style="list-style-type: none"> Support our hospitals in effective management of acute and emergency care reducing unnecessary lengths of stay; including unplanned attendances for both mental and physical health emergencies and admissions for self-harm 	Surrey	2018/19
Surrey Heartlands Partnership Prevention Programme: <ul style="list-style-type: none"> Prevent the increase in child and adult obesity through system-wide place based and behaviour change approaches. Prevent the development of long term conditions through primary prevention programmes focussed on the major causes of ill health. Improve health outcomes for people with long term conditions (LTCs) through a staged approach of early detection, support for self-care and robust and consistent management of LTCs. Improve the health of working people through the development of workplace health and wellbeing programmes. 	Surrey Heartlands	2018/19
<ul style="list-style-type: none"> Improving public health outcomes for children and young people with a focus on prevention and early identification. 	Surrey	CCG Collaborative 2018-2020
Sexual Health - Continue to embed the new model of provision with development of relevant pathways across the county	Surrey	March 19
Substance Misuse - Establish the Adult Integrated Substance Misuse service and continue provision of e.g. high impact complex drinkers programme	Surrey	March 19
Primary Care Public Health Services -Review and continue the provision of Public Health Agreement Services in GP practices and Pharmacy including - Sexual health, - NHS Health Checks, Stop smoking, Shared care (substance misuse), Homeless care, Needle Exchange and supervised consumption	Surrey	March 19
Smoking cessation - Review performance and prioritised groups to inform continuation of provision into 2019/20	Surrey	Sept 19
Public Health STP prevention objectives -Working with partners and as part of the STPs, align and explore programmes and funding opportunities to support the STP prevention workstream objectives including: <ul style="list-style-type: none"> - develop a common model of social prescribing - Implementation of the Wheel of Wellbeing within STP organisations 	Surrey	March 19

Commissioning intention (relating to priority 2)	Area covered	Timescale
<p>Develop an urgent and emergency care system which actively seek to reduce attendance and non-elective admissions.</p> <ul style="list-style-type: none"> • Developing an integrated admission avoidance ‘virtual team’ approach around in-reach GPs - working to standardised operating guidance and focused on managing frail and elderly patients at the front door of A&E to avoid admissions and expediting rapid reablement to avoid over medicalization of conditions and diminished independence skill • Removing technology and resources barriers preventing timely and or effective information flows between staff in A&E departments, GPs and community providers to optimise the prevention of attendances and non-elective admissions across multiple care groups and care pathways; particularly frailty, older people, care homes, frequent attenders and end of life-care. • Explore opportunities to establish minor illness education opportunities for families of children who are multiple users. • Explore opportunities to develop a communication strategy with the children’s and young people’s workforce and education establishments, including preschools, about extended access in primary care and access to on the day urgent care for managing minor illness and preventing seasonal peaks of high volume conditions e.g. respiratory disorders. • Explore opportunities for further development of locally commissioned services to support case finding e.g. for Atrial Fibrillation (AF) which can lead to strokes; and the Proactive Anticipatory Care Plans as strategies to reduce urgent and emergency care demand. 	Guildford and Waverley	2018/19
<p>Children and Family Health Surrey (new service) The CCG will oversee the transfer of the Kingston Paediatric Audiology service and the Epsom Hospital Looked After Children Health Assessments service to the new Children and Family Health Surrey service.</p>	Surrey Downs	2018/19
<p>Flu vaccination and respiratory care: We are working with providers to improve respiratory care, with a particular focus on flu and increasing uptake of the flu vaccine for ‘at risk’ groups</p>	Surrey Downs	2018/19
<p>Shared Care: The CCG will continue to move forwards with plans to implement shared care plans, where patient consent has been given. Sharing care plans can improve communication between patients and agencies, ensure the appropriate treatment is initiated quickly and ultimately improve outcomes and avoid the need for future hospital care.</p>	Surrey Downs	2018/19
<p>Advice and Guidance: Plans are underway to implement a system for primary care clinicians (principally GPs) to access prompt, remote advice from specialists working in acute trusts and local providers. This scheme will support GPs in making better referrals by minimising unnecessary referrals and exploring alternative treatments.</p>	Surrey Downs	2018/19

Priority 2: Developing a preventative approach

Commissioning intention (relating to priority 2)	Area covered	Timescale
<p>Community Hubs and risk stratification: The CCG will continue to integrate and develop community services to support localities, including the commissioning of core services and specialist services, where appropriate. This will include expansion of the Community Hub model to achieve a more proactive approach and earlier identification of patients who are at risk of hospital admission. This will include consideration of the working age population and any interventions required to specifically target this population.</p>	Surrey Downs	2018/19
<p>Expansion of Locality Hubs (Strategic Operational Group) (SOG): The CCG will work with provider partners across the system on the review, development and expansion of integrated care models. This will include the development of Locality Hub services for those with complex needs ensuring equitable geographical coverage, delivery of services at scale as well as a reactive and outreach service offering.</p>	North West Surrey	2018/19
<p>Making best of our community assets by working more collaboratively with and investing in the voluntary and community sector to help support residents, families and communities to make healthier choices.</p> <p>We recognise the negative impact of wider social factors on health and well- being. We will design services/interventions with our partners that concentrate on those individuals, families and communities most adversely affected. Our ambition is to embed a preventative approach across local health, public health and local authority services in East Surrey in order to reduce premature mortality and health inequalities.</p> <p>East Surrey CCG is committed to ensuring that immunisation programmes are incorporated within the cycle of business particularly amongst the vulnerable and hard to reach groups as stipulated within the NHSE health promotion strategy.</p>	East Surrey	April 2019
<p>Work with Surrey County Council to support schools in their approach to health and wellbeing by providing support in the Personal, Social, Health and Economic (PSHE) curriculum</p>	East Surrey	April 2019
<p>Well Being Advisors in every ESCCG GP practice – allowing in depth interviews with people whose health is being adversely affected by social determinants.</p> <p>Social Isolation and Falls Prevention prototypes (being piloted in GP networks with MCP)</p>	East Surrey	April 2019
<p>Working with Public Health in promoting the ‘Air Alert Scheme’ among people with long term respiratory or cardiovascular disease; supporting implementation of the ‘sustainable hospitals’ model that we are developing (model to include acute trusts having travel plans to encourage active travel, offering sites for Electric Vehicle charge points, reducing emissions from their fleet vehicles, and looking at where they source goods from e.g. food in restaurant); and inputting into local planning applications to help shape local environment</p>	East Surrey	April 2019

Priority 2: Developing a preventative approach

Commissioning intention (relating to priority 2)	Area covered	Timescale
Continued provision of the Wellbeing Prescription Service, service established in RBBC, Tandridge and Mole Valley. Different models on offer across the county and CCG areas	East Surrey CCG, SDCCG & Borough and District Councils	18-19
Social isolation & loneliness project provision via the MCP groups – local provision	Reigate and Banstead BC	18-19
Increased social and physical activity sessions and projects across leisure Centres, Community Centre, Sports Clubs, Parks and Open Spaces	All D & Bs	18-19
Development of the falls prevention - Otago strength and balance training in line with the SCC approach	All Ds & Bs	18-19
Ageing Well Festivals promoting local services and opportunities for improved wellbeing	All D & Bs	18-19
Promotion of The National Diabetes Prevention Programme	All D & Bs	18-19
Continue to develop and market Centres for the Community to encourage Health and Wellbeing	Epsom & Ewell, Elmbridge & Mole Valley District Council.	18-19
Smoke Free Playparks – Voluntary ban on smoking within selected play parks within the Borough :	Epsom & Ewell Borough Council	18-19
Continue to provide and develop a comprehensive Community Alarm and Telecare Care service this will further increase the number of residence to benefit from Community Alarm/ Telecare Care	Epsom & Ewell, Elmbridge Mole Valley District Council: (MVDC continuing to provide Community alarm/Telecare for Reigate and Banstead)	18-19
Further developing initiatives around TECS following the success of the GPS watches and Canary system	Epsom, Elmbridge and Mole Valley DC	18-19
Continue to provide hot meals service and daily check along with tea time services:	Epsom, Elmbridge and Mole Valley DC	18-19
Continue to provide Community Transport/dial a ride to further enhance vulnerable peoples access to the communities	Epsom, Elmbridge and Mole Valley DC	18-19
Provide Community Taxi Voucher service to support vulnerable older people	Reigate & Banstead BC & Tandridge DC	18-19
Continue supporting the delivery of Heart start courses and provision of Community Defibrillator programme with promotion in schools and youth groups	Mole Valley District Council	18-19

Priority 2: Developing a preventative approach

Commissioning intention (relating to priority 2)	Area covered	Timescale
<ul style="list-style-type: none"> Prevent problems escalating by identifying issues early and ensuring children, young people and families needing extra help receive timely, preventative support. Increase the school readiness of children and reduce the gap in both healthy development and attainment between disadvantaged groups and their peers in early years. Champion the educational achievement progress, health outcomes and engagement of vulnerable children and young people throughout their life course (looked after children, children in need, free school meals, SEND, vulnerable groups). Secure the right early support to promote good emotional wellbeing, physical and mental health. 	Surrey	Child First (CSF) 2017-2022
LD: Improve access to healthcare for people with learning disability so that 75% of people on a GP register receive an annual health check and improving access to mainstream health services	Surrey Heath	2020
All: Through STP workstream create resilient communities and individuals through social prescribing, prevention, early intervention & self management	Surrey Heath	2017-19
Reduce prevalence of LTC through action on leading causes (Primary prevention: focus on weight & physical activity, alcohol control/high risk drinking & smoking . Secondary prevention: Diabetes and hypertension)	Surrey Heath	2017-19
Prevention social isolation & loneliness – placed based approach to befriending	Surrey Heath	2017-19
Support general practice in early diagnosis and treatment of suspected cancers (focus colorectal, lung, prostate)	Surrey Heath	2017-19
Accommodation with care & Support- The Accommodation with Care and Support Programme are working towards the following Strategic aims: Nursing Care - delay the age at which people on average enter care homes, aiming to broadly maintain the current ratio of nursing beds that SCC purchases per 1,000 of population. Residential Care - aim to avoid all non-dementia or other non-specialist residential care and in doing so reduce the ratio of residential beds that SCC purchases per 1,000 of population by 10% over the next 10 years.	Surrey	On-going til March 19
As part of the High Impact Change Models continue to explore the development of Integrated multidisciplinary teams of health & social care staff	Surrey	March 19

Priority 2: Developing a preventative approach

Commissioning intention (relating to priority 2)	Area covered	Timescale
Making Connections (social prescribing model) with the focus on social isolation	North East Hampshire & Farnham	Started in June 2016 - ongoing
Carers support – Develop a carers Commissioning Plan		2017
Healthy Weight Focus – working with public health and district council partners to increase the level of activity and reduce obesity		2017 - 19
Support Lifestyle changes – smoking cessation and alcohol consumption		2017 - 19
Implement the National Diabetes Prevention Plan		2017 - 19

Priority 3: Promoting emotional wellbeing and mental health

If we get this right we hope to see the following outcomes:

- ✓ More children, young people and families will have good emotional wellbeing and mental health
- ✓ The provision of perinatal mental health services will improve
- ✓ Fewer people will die as a result of suicide by accelerating the implementation of the Suicide Prevention Plan

Joint Commissioning Plans

- There is a Surrey-wide Joint Commissioning Strategy for Mental Health and Emotional Wellbeing
- There is a Mental Health Collaborative for Surrey Heartlands and East Surrey which is hosted by Guildford and Waverley CCG

Sustainability and Transformation Partnerships

The three STPs in Surrey prioritise workstreams which aim to impact positively upon the emotional wellbeing and mental of residents within its plans.

Commissioning intention (relating to priority 3)	Area covered	Timescale
<p>Continue to improve access to and scope of mental health services in-line with the new Child and Adolescent Mental Health Service (CAMHS) contract commissioned from April 2016 and the Surrey CAMHS Transformation Plan. Decision will also be required to enact 2 year extension to the current CAMHS contract or to re-tender services.</p> <p>Champion more local and timely access to tier 4 CAMHS beds, through the delegated commissioning model led by SABP.</p>	Surrey	CCG Collaborative 2018-2020
Secure the right early support to promote good emotional wellbeing, physical and mental health	Surrey	Child First 2017-2020
<p>Increasing Mental Health integration</p> <ul style="list-style-type: none"> Ensuring that integrated care teams designed to support people with complex and ongoing care needs can make full use of mental health expertise, with mental health capacity and capabilities sufficient to meet the needs that exist. Making new forms of mental health support and local services commissioned a core component of enhanced models of primary care, so that primary care teams are better equipped to address the wide range of mental health needs in general practice, ensuring earlier identification and recording of mental health and to meet the physical health care needs and checks of people with long-term mental health problems. Further strengthening mental health components of urgent and emergency care pathways in accident and emergency (A&E) departments and elsewhere – making public mental health and wellbeing central to population health management approaches, including through a focus on perinatal mental health, children and young people, where some of the greatest opportunities for prevention lie. We will be working with the Surrey IAPT providers to integrate the delivery of psychological therapies into the LTC services and increasing the number of people accessing the service. 	Surrey	2018/19
Mental Health – Commission activity on anti-stigma / time to change along with mental health and suicide prevention training.	Surrey	March 19
Implementation and review of the preventative carers support and breaks services to promote carers health and wellbeing	Surrey	March 19
As part of the High Impact Change Models continue to explore the development of Integrated multidisciplinary teams of health & social care staff	Surrey	March 19

Priority 3: Promoting emotional wellbeing and mental health

Commissioning intention (relating to priority 3)	Area covered	Timescale
<p>Accommodation with care & Support- The Accommodation with Care and Support Programme are working towards the following Strategic aims: Nursing Care - delay the age at which people on average enter care homes, aiming to broadly maintain the current ratio of nursing beds that SCC purchases per 1,000 of population.</p> <p>Residential Care - aim to avoid all non-dementia or other non-specialist residential care and in doing so reduce the ratio of residential beds that SCC purchases per 1,000 of population by 10% over the next 10 years.</p>	Surrey	On-going til March 19
<p>Safe Haven and Haven.</p> <ul style="list-style-type: none"> The CCG will continue to promote the safe haven service for our residents and local partners e.g. police, A&E. We will continue to monitor suite of performance indicators and evaluation of the return on investment with our commissioning partners in Surrey. We will ensure the safe haven service is fully integrated within the crisis response services. The CCG will continue to promote the haven service for our Children and Young people. Key performance indicators will be monitored and an evaluation of the return on investment with our commissioning partners in Surrey will be undertaken. 	Guildford and Waverley	2018/19
<p>Suicide Prevention</p> <ul style="list-style-type: none"> Recent published figures show that the North West Surrey CCG rate of mortality from suicide is higher than the England average and the Surrey average. Local work will take place with Surrey Public Health to develop a plan that looks to reduce this by a higher percentage than the national 10% target. 	North West Surrey	2018/19
<p>CAMHS</p> <ul style="list-style-type: none"> Surrey Downs CCG plans to commission the Behaviour Pathway for children with Neurodevelopmental Disorders (BEN) following the completion of a business case by Surrey and Borders Partnership NHS Foundation Trust. 	Surrey Downs	2018/19
<p>Safe Haven</p> <ul style="list-style-type: none"> We will review the Safe Haven service at Epsom to ensure the service is effective and meeting local needs. 	Surrey Downs	2018/19
<p>Increasing Access to Psychological Therapies (IAPT)</p> <ul style="list-style-type: none"> To increase the number of people using IAPT services in line with NHS England requirements, the CCG is developing plans to integrate these services with other patient pathways including cancer and long-term conditions, where people may also experience mental health issues. 	Surrey Downs	2018/19
Raising awareness of mental health in young people with local schools and the Youth Council	Reigate and Banstead BC	18-19

Priority 3: Promoting emotional wellbeing and mental health

Commissioning intention (relating to priority 3)	Area covered	Timescale
Work with Surrey County Council (SCC) to develop an emotional resilience pathway that includes a preventative approach	East Surrey	April 2019
Better perinatal mental health through new service delivering improved mental health and wellbeing outcomes for mothers and their babies; we will be exploring enhanced community provision	East Surrey	April 2019
Support a good start in life, including delivering a whole systems approach to healthy weight and promoting emotional wellbeing and good mental health in children	East Surrey	April 2019
Supporting work on the enhancement of the Surrey suicide prevention plan through primary care training on MH and suicide prevention, acute hospital and mental health trusts suicide prevention training and on groups with higher risk factors	East Surrey	April 2019
Improving the physical health for those people living with Severe and Enduring Mental Health problems – to prototype work in GP network	East Surrey	April 2019
Review and further development locally acute psychiatric liaison, and 24 hour crisis response including Safe Haven with learning from service models across Surrey (including CORE24) and work on SPA (single point of access)	East Surrey	April 2019
Redhill Safe Haven and Community Connections to help reduce suicide numbers Improved Primary care access will include Mental Health support Crisis Concordat with police and local authorities to reduce number of people with mental health conditions being held in police cells	East Surrey	April 2019
Developing ways to increase the number of people using IAPT services and integrating these services with other patient pathways including diabetes, COPD and other LTC pathways, including self-referral and choice of providers	East Surrey	April 2019
Deliver Transforming Care Partnership plans with local government partners, enhancing community provision for people with learning disabilities and/or autism.	Surrey Heath	2017-19
Maternal: Increase the number of women receiving specialist perinatal care in a community team.	Surrey Heath	2020/21
Psychological therapies: Continue to show improvement in access, waiting times and recovery	Surrey Heath	
Continue to enhance the integration between general practice & adult MH services including co-location options for MH therapists	Surrey Heath	2017-19
Review & resolve access issues to specialist ADHD and severe autism services provided by SABP	Surrey Heath	2017-19
Implement SPA for Crisis Care and ensure appropriate service model in place	Surrey Heath	2017-19
Deliver reductions in OAP in line with local plans. Elimination by 2021	Surrey Heath	2017-2021

Priority 3: Promoting emotional wellbeing and mental health

Commissioning intention (relating to priority 3)	Area covered	Timescale
Continued roll out of dementia friendly practice ISPACE	North East Hampshire and Farnham CCG	2017-19
Learning Disability awareness training to GP surgeries		2017-19
Integration of mental and physical health within our locality hubs		2017-19
Continue to implement Improving Access to Psychological Therapies programme		2017-19
Expand access to adult autism service		2017-19

If we get this right we hope to see the following outcomes:

- ✓ Older adults will stay healthier and independent for longer
- ✓ More communities and care homes will be more dementia friendly
- ✓ More carers will be identified and supported
- ✓ A Surrey-wide end of life care strategy will be developed

Joint Commissioning Plans

- The Surrey Better Care Fund Plan sets out how much of this priority will be commissioned. The current 2017-19 plan is available on www.healthysurrey.org.uk.
- Each locality in Surrey uses this overarching framework to guide local approaches and action plans for local joint commissioning – tailoring local solutions to meet local needs and system characteristics

Sustainability and Transformation Partnerships

The three STPs in Surrey prioritise workstreams which aim to impact positively upon older adults' health and wellbeing within its plans.

Priority 4: Improving older adults health and wellbeing

Commissioning intention (relating to priority 4)	Area covered	Timescale
<p>Helping Frail and Older People live healthier longer lives</p> <ul style="list-style-type: none"> Continue to roll out hubs to help frail and older people stay healthy and independent, avoiding hospital stays where possible. The establishment of Accountable Care Systems at the localities underpinned by the integration of services provided by Primary Care, Community health, Mental health and Hospital services, as well as more joined up working. 	Surrey	2018/19
<p>Dementia</p> <ul style="list-style-type: none"> A Surrey Heartlands and East Surrey Dementia Strategy has been developed and will set out milestones through the year. The increase in dementia diagnosis and working towards a 6 week referral to treatment goal standards are planned. Work to ensure that the pathways for specialist dementia areas that are linked to alcohol acquired brain injury, Huntingdon's Disease and Parkinson's Disease and local pathways will take place. This will include specific strategy for people with learning disabilities. The Dementia Strategy has been developed with partners to ensure services are optimised for improved patient outcomes and experience. This will enable a shift of provision to an increased out of hospital model with a focus on primary care and third sector provision. East Surrey CCG is also progressing work at a local level, focusing on increasing the number of GP Practices that are dementia friendly, establishing dementia leads in Practices, mapping the dementia pathway in East Surrey and increasing knowledge across the system about dementia resources and how to support carers and people with early on-set dementia more comprehensively. ESCCG Dementia Alliance - Accredited Dementia Friendly organisation The Dementia Strategy has been developed with partners to ensure services are optimised for improved patient outcomes and experience. This will enable a shift of provision; to an increased out of hospital model with a focus on primary care and third sector provision. It is expected that the programme includes: <ul style="list-style-type: none"> ➤ Review Dementia and wellbeing advisor posts in primary care ➤ Scope community based memory service including memory clinics ➤ Revised model of inpatient provision ➤ Services provided to meet and go beyond national diagnosis rates ➤ Primary Care Dementia champions ➤ Implementation of Namaste care programme in care homes. We will continue to commission Mental Health Practitioners (MHP) based in the Community Hubs to screen for new cases of dementia to increase diagnose rates in line with national targets, The CCG is also working with Surrey and Borders Partnership Foundation NHS Trust and Epsom Hospital to improve the referral pathway and the assessment process for dementia. We are also working to improve the number of annual care plan reviews completed in primary care, working with CCG clinical leads and the localities. 	<p>Surrey Heartlands and East Surrey</p> <p>East Surrey</p> <p>Guildford and Waverley</p> <p>Surrey Downs</p>	<p>2018/19</p> <p>2019</p> <p>2018/19</p> <p>2018/19</p>

Commissioning intention (relating to priority 4)	Area covered	Timescale
<p>Accommodation with care & Support- The Accommodation with Care and Support Programme are working towards the following Strategic aims: Nursing Care - delay the age at which people on average enter care homes, aiming to broadly maintain the current ratio of nursing beds that SCC purchases per 1,000 of population.</p> <p>Residential Care - aim to avoid all non-dementia or other non-specialist residential care and in doing so reduce the ratio of residential beds that SCC purchases per 1,000 of population by 10% over the next 10 years.</p>	Surrey	On-going til March 19
<p>As part of the High Impact Change Models continue to explore the development of Integrated multidisciplinary teams of health & social care staff</p>	Surrey	March 19
<p>As part of the High Impact Change Model continue to review the commissioning of Discharge to Assess – different approaches in each area to ensure timely discharge and re reduced admission via improved skills gain in the right place at the right time</p>	Surrey	March 19
<p>Technology Enabled Care Service future commissioning opportunities with partners. Working to explore and develop effective ways to use Technology in care.</p>	Surrey	March 19
<p>Review and recommissioning, where appropriate, services that help facilitate hospital discharge e.g. Home from Hospital services</p>	Surrey	March 19
<p>Implementation and Embedding of recently commissioned Home Based Care services. Working with partners and providers on the effective implementation of the new contract including changes and improvements. This will be critical the ongoing effective delivery of these services across Surrey.</p>	Surrey	March 19
<p>Equipment and Adaptations services - Working with partners to review options for the future delivery of a number of services that could have beneficial links. To review the current delivery of these services and seek opportunities for efficiency and explore future efficient and effective delivery models.</p>	Surrey	March 19
<p>Review and recommissioning, where appropriate, Dementia services including Dementia Navigators</p>	Surrey	March 19
<p>Housing Related Support Implementation. Following on from the review of Housing Related Support, the implementation of the changes agreed in delivery of support.</p>	Surrey	July/August 18

Priority 4: Improving older adults health and wellbeing

Commissioning intention (relating to priority 4)	Area covered	Timescale
Carers' support and breaks services <ul style="list-style-type: none"> Re-commission preventative carers' support and breaks services to promote carers health and wellbeing by April 2018. 	Surrey	2018/19
Carer's needs and views <ul style="list-style-type: none"> Ensuring carers' needs and views are an integral part of the core service provision. 	Surrey	2018/19
Carers Commissioning and Service Development Strategy <ul style="list-style-type: none"> Continue the Implementation of renewed Carers Commissioning and Service Development Strategy to reflect requirements of Care Act and Children and Families Act relating to carers. 	Surrey	2018/19
Develop an urgent and emergency care system which actively seek to reduce attendance and non-elective admissions <ul style="list-style-type: none"> Developing an integrated admission avoidance 'virtual team' approach around in-reach GPs - working to standardised operating guidance and focused on managing frail and elderly patients at the front door of A&E to avoid admissions and expediting rapid reablement to avoid over medicalization of conditions and diminished independence skill Removing technology and resources barriers preventing timely and or effective information flows between staff in A&E departments, GPs and community providers to optimise the prevention of attendances and non-elective admissions across multiple care groups and care pathways; particularly frailty, older people, care homes, frequent attenders and end of life-care. 	Guildford and Waverley	2018/19
End of life care <ul style="list-style-type: none"> Engaging with End of Life care specialists to support quality provision throughout the End of Life Pathway. 	Surrey	2018/19
Implement a "home first" approach to older person's care: preventing admission to bed based care & facilitating early, supported discharge	Surrey Heath	2017-19
Scheme 1: Continue to develop Integrated Care Teams focusing on: interface with hospital & early management of frailty	Surrey Heath	2017-19
Scheme 2: Introduce new Intermediate Care Service (reablement & rapid response)	Surrey Heath	2018-19
Scheme 3: Review bed based care requirements across health & social care	Surrey Heath	2017-19
Scheme 4: Review clinical support model to care homes	Surrey Heath	2017-19
Scheme 5: Improve work force availability within care support provision to match demand	Surrey Heath	2017-18

Commissioning intention (relating to priority 4)	Area covered	Timescale
<p>Managing Cancer within Primary Care: As part of local implementation of the NHS England Cancer Five Year Forward View the CCG will continue its work on three main areas: early detection and screening, risk stratified follow up pathways and living with and beyond cancer). We will continue our work on the roll out of risk stratified follow-up pathways of stable cancer patients post treatment to primary care for further management of their symptoms .The Prostate pathway of transferring stable patients to primary care has already been launched in 2017 and will continue to be monitored in 2018/19. In addition, development and implementation of an Anaemia pathway working with local community providers is being scoped. Other pathways for the transfer of stable patients to primary care to be launched in 2018/19 include breast and colorectal. Thyroid, head and neck and haematology pathways are additional opportunities for the CCG to launch as a transfer of patients to primary care during 2018/19.</p>	Surrey Downs	2018/19
<p>Diabetes: Surrey Downs will be working with the wider Surrey Heartlands STP on a transformation project to improve Diabetes care. The project is focussed on three areas: Structured education , Increasing the number of patients who attend education, Diabetic Inpatient Specialist Nurses. The CCG will continue with on-going work to review policies, procedures and thresholds on a rolling review to ensure first line treatments are being fully explored before more invasive procedures are being considered. To ensure equity across Surrey Heartlands, the CCG will review its weight management and smoking cessation related requirements with those of the other Surrey Heartlands CCGs.</p>	Surrey Downs	2018/19
<p>List of Procedures with Restrictions and Thresholds: The CCG will continue with on-going work to review policies, procedures and thresholds on a rolling review to ensure first line treatments are being fully explored before more invasive procedures are being considered. To ensure equity across Surrey Heartlands, the CCG will review its weight management and smoking cessation related requirements with those of the other Surrey Heartlands CCGs.</p>	Surrey Downs	2018/19
<p>New models of care in residential and nursing homes: The CCG will develop and implement new models of care for our population in residential and nursing homes ensuring they have equitable access to health and care services. This will build on the learning of the national Vanguard programme and the new models for care in care homes supported by NHS England.</p>	North West Surrey	2018/19
<p>A single Intermediate Care Team: This will provide a full spectrum of support in the community when someone deteriorates or after admission to hospital. Brings together expertise from health, social care, District and Borough council services and the voluntary sector to aid recovery and maintain independence.</p>	North West Surrey	2018/19

Priority 4: Improving older adults health and wellbeing

Commissioning intention (relating to priority 4)	Area covered	Timescale
<ul style="list-style-type: none"> Coordinating care effectively for people with the most complex health and social care needs, including those at the end of life. Using Health and Well Being Advisors to help advice and support people with type 2 diabetes around diet and exercise and refer on to IAPT if required. 	East Surrey	April 2019
Improve the health and wellbeing of working people through the development of workplace health and wellbeing programmes	East Surrey	April 2019
Embed referrals to Mental Health and Wellbeing Services, including exercise referral and IAPT (Increasing Access to Psychological Therapies) in primary care pathways for chronic disease including carers with LTCs/chronic disease	East Surrey	April 2019
Carers prescriptions-GPs can write prescription for Carers to address specific needs GP Carers breaks – fund of £300 made to a carer in need for immediate relief ESCCG carers currently supported by 2 support organisations , 1 jointly commissioned (Action for Carers Surrey) and 1 (East Surrey Carers Support Association)) voluntary organisation not currently public funded	East Surrey	April 2019
ESCCG MCP EOL Prototyping Workgroup is to review, redesign and reconfigure services- from this have set up <u>Carers Focus Group</u> . This aims to listen to the views of Carers and establish from them what their awareness is of EOLC, in what context is their experience, what they feel could be improved, what's most important to them and what their main fear is when it comes to talking about end of life. This feedback will inform the work of the Prototyping Workgroup. Will also improve identifying people who are in their last 12 months of life and widening the conversation around End of Life with these patients.	East Surrey	April 2019
Improved provision of health related services across all community centres	Reigate & Banstead BC	18-19
In partnership with Staywell, increased provision of support services in the community for people with Dementia and their Carers	Reigate and Banstead BC	18-19
Development of home from hospital domiciliary/ care services with age concern	Reigate and Banstead BC	18-19
Develop opportunities for older residents to participate and engage with local services, inline with the Wellbeing Prescription Service		18-19
Supporting older people with housing e.g. housing options		18-19
Encourage Dementia Friendly communities via the Local Dementia Alliance Groups	All D & Bs	18-19
Walking and Cycling for Health	All Ds & Bs	18-19
Continuation of Get Active 50+	Spelthorne BC	19

Priority 4: Improving older adults health and wellbeing

Commissioning intention (relating to priority 4)	Area covered	Timescale
Build on locality hub model focussing on keeping people at home and supporting early discharge	North East Hampshire & Farnham CCG	2017 - 19
Enhance the Care Homes Forum to identify what support is required to our care homes		2017 - 19
Improve post diagnostic support for people, carers and families living with dementia		2017 - 19
Risk stratification to identify patients at risk and integrated care team plans to plan and wrap care around them		Ongoing
Review stroke services within Surrey to improve outcomes for our local population.		2017-18

Priority 5: Safeguarding the population

If we get this right we hope to see the following outcomes:

- ✓ The Safer Surrey strengths-based model of practice for children's safeguarding will be extended
- ✓ A multi-agency response to keeping children safe from harm will be built and embedded, focusing on child sexual exploitation, missing children and domestic abuse and neglect
- ✓ The MASH (Multi-agency safeguarding hub for adults) will be embedded

Joint Commissioning Plans

- Services are commissioned Surrey-wide by the children's and adults collaborative Commissioning teams hosted by Guildford and Waverley CCG

Sustainability and Transformation Partnerships

The three STPs in Surrey prioritise workstreams which aim to safeguard the population within its plans.

Commissioning intention (relating to priority 5)	Area covered	Timescale
<p>Commissioning Services</p> <p>Contracts with health providers will ensure delivery of both national safeguarding children priorities and the priorities of the Surrey Safeguarding Children Board, Health and Wellbeing and other local strategies, and Surrey Safeguarding Adult Board</p>	Surrey	2018/19
<p>Multi Agency Safeguarding Hub (MASH)</p> <p>Contribute to the effective multiagency safeguarding arrangements delivered through the MASH.</p>	Surrey	2018/19
<p>Primary care</p> <p>CCGs will monitor and support primary care in discharging their safeguarding responsibilities through training and audit.</p>	Surrey	2018/19
<p>Looked after Children</p> <p>Ensure CCGs have a clear pathway for young people when they enter care and their transition into adult services by working with partners in creating an improved system for Looked after Children.</p>	Surrey	2018/19
<p>CCG's Safeguarding Compliance</p> <p>CCG's have comprehensive and robust roles, systems and processes in place to protect and safeguard vulnerable children and adults and there is a safeguarding strategy and policies available. The CCGs' safeguarding quality governance roles and committees oversee reporting and monitoring of compliance with provider safeguarding requirements. CCG's compliance will be monitored and assurance given through the Safeguarding Assurance Framework.</p>	Surrey	2018/19
<p>East Surrey CCG will have trained practice lead to support and embed the safer Surrey strengths based model with our providers</p>	East Surrey	March 2018
<p>Training has been delivered to East Surrey CCG staff around Child Sexual Exploitation</p>	East Surrey	Done
<ul style="list-style-type: none"> • Reduce the impact to children of hidden crimes – child sexual exploitation, children who go missing from home and care, domestic abuse and neglect and those at risk of radicalisation. • Prevent and reduce the impact of abuse (including domestic abuse) and neglect 	Surrey	Child First (CSF) 2017-2022

Priority 5: Safeguarding the population

Commissioning intention (relating to priority 5)	Area covered	Timescale
Ensure that contracts clearly define the requirements to undertake health assessments and develop plans to prioritise and meet the health needs of looked after children	Surrey CCGs and SSCB	ongoing
Fully contribute to multi-agency suicide prevention plans following latest evidence & PHE guidance.	Joint	2017/19
Safeguarding is everybody's business and all staff will respond and act to raise safeguarding awareness and address any emerging issues	Surrey	CCG Collaborative 2018-2020
Technology Enabled Care Service future commissioning opportunities with partners. Working to explore and develop effective ways to use Technology in care.	Surrey	March 19
Implementation and Embedding of recently commissioned Home Based Care services. Working with partners and providers on the effective implementation of the new contract including changes and improvements. This will be critical the ongoing effective delivery of these services across Surrey.	Surrey	March 19
Implementation and review of the preventative carers support and breaks services to promote carers health and wellbeing	Surrey	March 19

- Health and Social Care Integration
 - Progress integration arrangements during 2018-19 building on existing S75
 - Design and build a support workforce that is fit for the future
 - Transform the social care support market
 - Finalise local approach to model for increased integration (Accountable Care Organisation)
- Sustainable model for general practice
 - Sustainable Care, Business and Workforce Models
 - Implementation of Five Year Forward View for General Practice
 - Delegated commissioning for GP from 1st April 2018
- Procure new Urgent and Emergency Care Model (NHS 111, GPOOH and Clinical Hubs,) Go live June 2019
- Reduce hospital discharge delays & achieved DTOC trajectory
- Right Care Approach for elective services, reducing variation in quality and costs.
- Implement a shared care record across Frimley system